

# BODY, MIND, & SPIRIT SHABBAT

## SATURDAY, FEBRUARY 26 @ 9:00AM

MAKE SEVEN STOPS CELEBRATING THE HOLINESS OF SHABBAT



### WALK IN CENTRAL PARK HUNTINGTON BEACH WITH LARRY MATALON

Meet in front of the Library

Wear comfortable clothes

### HIKE AT PACIFIC RIDGE TRAILHEAD WITH RABBI

Meet at Pacific Ridge Trailhead

Ridge Park Rd, Newport Beach, CA  
92657

PLEASE RSVP BY THURSDAY FEBRUARY 24 TO THE OFFICE

EMAIL [TBDavid@TempleBethDavid.org](mailto:TBDavid@TempleBethDavid.org)

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— GET CONNECTED —

