

# **BODY, MIND, & SPIRIT SHABBAT**

**SATURDAY, NOVEMBER 19  
9:00AM**

**MAKE SEVEN STOPS CELEBRATING THE HOLINESS OF SHABBAT**



**WALK OR HIKE AT IRVINE REGIONAL PARK  
ENJOY THE BEAUTY OF NATURE AND  
HOLINESS OF SHABBAT**

**Irvine Regional Park  
1 Irvine Park Rd, Orange**

**Once you enter, park @ lot on the right  
Meet at Rail Road  
Parking is \$5.00**

**PLEASE RSVP BY THURSDAY NOVEMBER 17 TO THE OFFICE  
EMAIL [TBDavid@TempleBethDavid.org](mailto:TBDavid@TempleBethDavid.org)**

**BETH DAVID  
6100 HEFLEY ST  
WESTMINSTER CA 92683  
714-892-6623**



— GET CONNECTED —

