

Zentangle is a way of creating a mood, focus and a state of mind, concentrating on drawing patterns in small blocks, one stroke at a time. It lets your mind get into a calming Zen-state.

Our own Crystal Buchinsky, CZT38, will bring out the artist inside you with this easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured combinations of dots, lines, simple curves, S-curves and orbs.

## Sunday, January 22, 2023, 2 – 4 pm

\$18 per person, adults only please. Light refreshments will be served. All materials will be provided.

## RSVP to

sisterhood@templebethdavid.org no later than January 15. Checks payable to Beth David Sisterhood may be mailed to 6100 Hefley Street, Westminster CA 92683

