

BODY, MIND, & SPIRIT SHABBAT

SATURDAY, JANUARY 27 @ 9:00AM



STRETCH/YOGA WITH
CANTORIAL SOLOIST NANCY LINDER

BREAKFAST IMMEDIATELY FOLLOWS.

\$10.00 FOR BAGELS, LOX, FRUIT, COFFEE, HARD BOILED EGGS,
AND JUICE

****BRING YOUR OWN MAT AND DRESS COMFORTABLY****

PLEASE RSVP TO THE OFFICE
EMAIL TBDavid@TempleBethDavid.org

— GET CONNECTED —



6100 Hefley Street Westminster, CA 92683